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What Is Ptsd?



Synopsis

What is PTSD? was written from a child's point of view. The book was designed to educate children about PTSD, how it effects their loved ones and to ensure them that it is not their fault.

Book Information

Paperback: 54 pages

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Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #1,844,278 in Books (See Top 100 in Books) #189 inÂ Books > Parenting & Relationships > Family Relationships > Military Families #1294 inÂ Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder #2027 inÂ Books > Health, Fitness & Dieting > Mental Health > Depression

Customer Reviews

Good book for any family with parents overseas in combat or have returned from combat. It helps try to explain on a child's level what their parent is going through if they have PTSD.

Excellent read with aa great message.

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PTSD and Dissociative Disorders Complex PTSD: From Surviving to Thriving: A GUIDE AND MAP FOR RECOVERING FROM CHILDHOOD TRAUMA Prolonged Exposure Therapy for PTSD: Emotional Processing of Traumatic Experiences (Treatments That Work) Complex PTSD and Developmental Trauma Disorder: How Childhood and Relationship Trauma Can Cause Anxiety and Depression in Adults (Transcend Mediocrity, Book 126) Treat Concussion, TBI, and PTSD with Vitamins and Antioxidants Seeking Safety: A Treatment Manual for PTSD and Substance Abuse (Guilford Substance Abuse) How To Cure Your Anxiety: Top Tricks,Tips, Natural Ways And Long Term Cure For Anxiety, Panic Attacks, OCD and PTSD Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety American Sniper: The Incredible Biography of an American Hero, Chris Kyle (Chris Kyle, Iraq War, Navy Seal, American Icons, History, Biography, PTSD) What Is Ptsd? My Shipwrecked Life: My struggle with alcohol, PTSD and depression PTSD : Post Traumatic Stress Disorder: Overcome The Pain, Start Living Again Warrior SOS: Military Veterans' Stories of Faith, Emotional Survival and Living with PTSD The Wounds Within: A Veteran, a PTSD Therapist, and a Nation Unprepared

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